

HYPNOTIST TRACKING FORM

Communication Cues: V A K O G

Suggestibility: **Direct** **Inferred** **Motivation for change:**
 Toward **or** **Away**
 Internal **or** **External**
 Global **or** **Specific**
 Once **or** **Several times**
 Independent **or** **Team player**

Want/Change? _____

Evidence? _____

Resources? _____

Needs? _____

Limits? _____

Benefits? _____

Personal Trance Words:

Need in a job? _____

Good Job? _____

Friendship? _____

Hobbies? _____

Relaxing Place? _____